



THE REEL NEWS

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ROYAL SCOTTISH COUNTRY DANCE SOCIETY
LONDON, CANADA BRANCH
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Submissions for the next newsletter can be sent to
kmacrone@rogers.com by January 8, 2014

Chairperson's Message

Marel Fielding

We are now well into our dancing year and I am pleased to welcome a number of new members to our group as well as our returning members. It is encouraging that so many enjoy our Scottish dancing and we look forward to an exciting and energetic time together.

In addition to our Wednesday classes at Carling Heights, the Social Class, for dancers with at least one year of dancing, has also begun at Elmwood Presbyterian Church Hall on Friday evenings. Check the Calendar of Events for specific dates.

Our first Social dance is being held on October 18 at the Air Force Association Hall on Crumlin Rd. This year we have asked the Intermediate class to be the hosts for this event. This will involve helping our Social convenor, Lori Ferguson, with the set-up of the hall, organizing the lunch, briefing the dances, collecting the fees and passing them on to our treasurer, Elfriede Rollo.

Our next event is the Men's dance on November 15 when the men, as is our tradition, will be the hosts. Gavin Morham has agreed to coordinate this event.

The Committee of Management is pleased to say that all our prices for our social and special events will be the same as last year.

Our secretary, Marg Allan, has purchased and set-up a new bulletin board. Items are posted there for your information. You can learn about out of town events as well as Branch news.

During my term as Chair a few years ago, I tried to include some tidbits about my (our) Scottish Heritage. As I was born and brought up in Glasgow, I am wont at times to use expressions that my Canadian born friends and my children find strange. There is one that I used with my children, which I must admit I wasn't sure my mother had not made up until I found it in a book called "Night Song of the Last Tram" by Robert Douglas. The word is "spiffilcate". I am not sure what it means - or that anyone does. It was used to scare children into behaving. In the book he says "my Ma will spiffilcate me if I get my claes dirty". My children laughed at me when I tried it on them!

"Let us read, and let us dance; these two amusements will never do any harm to the world." — Voltaire

Membership Update

Margaret Campbell



As of October 1, 2013, the RSCDS London Branch membership consists of the following:
96 Active members (89 renewing and 7 new) and 8 Associate members for a total of 104 (compared to 109 last year). We also have 6 Friends of the Branch.

Branch News

Congratulations



Marg Allan is a first time Grandmother! Callan Hunter Pearce was born Sunday, September 29th, 2013 at 2:02 pm to Marg's daughter Lindsey and son-in-law Graeme. The new little bundle of joy weighed in at 8 lbs 8 ozs.

David and Ruth Noble welcomed their fifth grandchild this past summer. Ezra David Smith was born June 16th, 2013. This is the third child for their daughter Elizabeth and son-in-law Bryan.

Condolences



Wendy Kelly's brother, Kenneth Edward Kelly, passed away Thursday, October 3rd in his 61st year, surrounded by his family.
Our deepest sympathies go out to Wendy and her family.

The Thrift Store

Janet Schreiber

During the summer I have received several long dresses suitable for the Annual Ball. They are approximately size 10-12. There are also some new long kilted skirts as well as Cunningham and Ramsay clan badges and kilt pins. In the men's department, there are 3 black Prince Charlie jackets (2 dress and one very dress with matching vest). These are about size 40. I have one kilt in the red Cunningham tartan which is presently being considered by a branch member, one seal skin sporran and one pair of trows in red Fraser tartan. I have many pairs of socks. Most of the donated dance shoes have been sold. There are several other smaller items in the store. **The Thrift Store and Merchandise Store will be at a Wednesday night class towards the end of November.** Anyone wishing to view the Thrift Store stock may call me at 681-8068 to arrange a suitable time.



The Bursary Fund

Marg Allan



We have a Bursary Fund that was set up to encourage and give financial assistance to Branch members wishing to improve their dance skills. Out-of-town workshops and TAC Summer School are both eligible events for subsidy. You may apply for a workshop bursary once in a three year period and a TAC Summer School bursary once in a five year period. Contact Marg Allan, Branch Secretary, if you wish to apply and she will give you more detailed information.

Summer Picnic

Ruth Noble

What a beautiful, sunny day we had to gather at the country home of Bob and Linda Watson for our branch picnic. It was a great time to catch up with one another after a long summer hiatus from dance classes. As well as greeting a good number of long-time dancers, we were happy to welcome visitors and new friends interested in joining in on our fall classes.

Besides visiting, we also had the opportunity to take part in activities we enjoy together, namely eating and dancing. The food was abundant and delicious as always and thanks to Bill and Marie McLennan, who provided the music and organization, we were later able to dance off some calories on the spacious deck.

Our evening rounded off, as any memorable summer evening gathering should, sitting around a campfire – singing, sharing stories and reminiscing together. Alas, the time came to pack up and return to our homes, taking more enjoyable memories to file.

As always, thanks to Bob and Linda for their ever warm welcome and their kind and generous hospitality.



Dear Miss Millie Ganz



Dear Miss Millie Ganz,
There are a few dances (i.e. Canadian Barn Dance, Gay Gordons, Oregon Rant, Schottische) that contain a “Polka” step. I’ve never been taught how to do it and every partner that I dance with does it differently. Can you tell me how it is supposed to be done?
Perplexed Polka Partner

Dear Perplexed Polka Partner,
A polka step is similar to skip change of step, but without the accuracy of positions. It is used for turning on the spot or travelling short distances. The rhythmic words are **step, close, step, hop**, but a small preparatory hop may be made to the start of the first step. Give it a try!
Miss Millie Ganz

If you have a question for Miss Millie Ganz, just send it to kmaccrone@rogers.com and I’ll be sure to forward it on to her.

The Story Behind a Dance



The Minister on the Loch (S3x32) 3C set R Goldring

This dance is named after the oil painting by Sir Henry Raeburn titled Reverend Robert Walker (1755–1808) Skating on Duddingston Loch (about 1795). This skater was the minister of the Canongate Kirk and a member of the Edinburgh Skating Society. The club - the oldest of its kind in Britain - usually met on the frozen lochs of Duddingston or Lochend on the outskirts of Edinburgh. This small picture, showing a figure in action, is unlike other known portraits by Raeburn and is on display at the Scottish National Gallery in Edinburgh.

Sir Henry Raeburn (Scottish, 1756 - 1823)

He was known for painting portraits of the rich, famous and important people of his day. He was in constant demand and received many honours: in 1822 he was knighted when King George IV visited Edinburgh.

Dancing Around the World



Aloha Winter Weekend – Honolulu, Hawaii Feb14-16, 2014

For those of you looking to get away someplace warm this winter, you might want to consider this vacation opportunity. It's got sandy beaches, palm trees, warm weather and hula dancers. You even get a flower lei when you get off the plane. And best of all is the fact that they have a whole weekend of Scottish Country Dancing!

Go to the www.rscdshawaii.org website for more information and to see photos and a great review of last year's workshop by an Australian guest.

A History of Scotland

For those of you that missed the TVO airing of this series a year or so ago, the complete ten-part DVD program, presented by Neil Oliver, is available at the **London Public Library** or at <http://ww3.tv.org/program/179961/a-history-of-scotland>.

This is a comprehensive and entertaining documentary that chronicles approximately 2,000 years of Scottish history.



Men's Dance Programme

Friday, November 15, 2013 at 6 p.m.
Mount Zion United Church Hall, 471 Ridgewood Crescent

DAVY NICK NACK	(R8x32) 3C (4C set) Glasgow Assembly
THE JUBILEE JIG	(J8x32) 3C (4C set) SCD Leaflet 19
MONY MUSK	(S8x32) 3C (4C set) RSCDS Bk 11
THE FALLS OF ROGIE	(R8x32) 3C (4C set) Alexander Bk 1
THE WILD GEESE	(J8x32) 3C (4C set) RSCDS Bk 24
SUGAR CANDIE	(S8x32) 3C (4C set) RSCDS Bk 26
FISHERMAN'S REEL	(R5x32) 5C Sq.Set Dunblane Holiday
HOOPER'S JIG	(J8x32) 3C (4C set) MMM 2
REEL OF THE GORDON HIGHLANDERS	(R8x32) 3C (4C set) Delft Book of SCDs
PELORUS JACK	(J8x32) 3C (4C set) RSCDS Bk 41
CULLA BAY	(S4x32) Sq.Set RSCDS Bk 41
BRATACH BANA	(R8x32) 3C (4C set) Bon Accord Book
JOIE DE VIVRE	(J8x32) 3C (4C set) RSCDS Bk 39
THE GLASGOW HIGHLANDERS	(S8x32) 2C (4C set) RSCDS Bk 2
THE LUCKENBOOTH BROOCH	(J8x32) 3C (4C set) Glendarroch
REEL OF THE ROYAL SCOTS	(R8x32) 3C (4C set) SCD Leaflet 7
Extras	
MRS STEWART'S JIG	(J8x32) 3C (4C set) RSCDS Bk 35
THE MACHINE WITHOUT HORSES	(J8x32) 3C (4C set) RSCDS Bk 12



Come and see what the men have cooked up for us!
Men supply the main course and women are asked to bring either a salad or a dessert. Everyone is asked to bring their own dishes and cutlery. The sign-up sheet will be available at class on Wednesday nights.

Only \$15 at the door for both dinner and a dance. Live music will be provided by Fred Moyes.

The British Isles Show

The show takes place November 15-17, 2013 at the International Centre, Hall 6, in Mississauga. Special guest Marc Baylis "Rob Donovan" from **Coronation Street** will be making appearances each day. Refer to their website for more information. <http://www.britishtislesshowcanada.com>

Saint Andrews Day



To learn more about Saint Andrew and how he became the patron saint of Scotland, check out this short video.

<http://www.youtube.com/watch?v=0wIrFdgBjNA>

Christmas Dance Programme

Saturday, December 21, 2013 at 6 p.m.
Polish Combatants Association Hall, 80 Ann Street

DANCE FOR JOY	(J8x32) 3C (4C set) D Bell Starters
MAXWELL'S RANT	(R8x32) 3C (4C set) RSCDS Bk 18/10
SAUCHIE HAUGH	(S8x32) 2C (4C set) Leaflet 12
OLD NICK'S LUMBER ROOM	(J8x32) 3C (4C set) RSCDS Bk 26/6
THE PIPER & THE PENGUIN	(R88) Sq. Set R Goldring Scotia Suite
THE SILVER STRATHSPEY	(Sx32) 3C (4C set) RSCDS Bk 44/3
THE JUBILEE JIG	(J8x32) 3C (4C set) SCD Leaflet #19
MAIRI'S WEDDING	(R8x40) 3C (4C set) Cosh 22 SCDs
MOMENT OF TRUTH	(S8x32) 3C (4C set) RSCDS Bk 37/2
TRIBUTE TO THE BORDERS	(J8x32) 3C (4C set) Leaflet 11
CADDAM WOOD	(R5x32) 5C set J Mitchel SCD Archives
ARTHUR'S FANCY	(S4x32) Judy Hodgins-Sloan Golden Jubilee Bk 2
THE LASS OF RICHMOND HILL	(R8x32) 3C (4C set) 2 nd Graded Bk
THE CRANBERRY TART	(J8x32) 3C (4C set) 7 Year Itch
THE MONTGOMERIES' RANT	(R8x32) 3C (4C set) RSCDS Bk 10/1



Don't end up like Santa! This is an opportunity to get all dolled up, enjoy a fabulous dinner with friends and then dance away the evening to the sounds of Laird Brown and Scotch Mist. For only \$60 per dancer and \$35 per non-dancer, you'll have a merry old time! Non-dancers will even have the opportunity to kick up their heels a few times throughout the evening. Meal choices include turkey, beef and vegetarian dinners. Please see either Alasdair or Anne Campbell to **purchase your tickets by December 13th**.



One lucky London Branch member will attend the London Branch Workshop in February for **free**. All you have to do is purchase a ticket to the Christmas Dinner and Dance for a chance to win. Consider it an early Christmas present!

Scotch Mist



Laird Brown always had two bands, but they were both called The Scottish Accent. To avoid confusion, one band is now called Scotch Mist. The same people are still in each band. Scotch Mist is comprised of Laird Brown, Donny Wood, Warren Beesley, Stefanie Hutka and Rob Wolanski when they use all five members. The four member Scotch Mist band (minus Rob) will be playing at both the Christmas Dance and the London Ball in May.

Hogmanay Dance Programme

Tuesday, December 31, 2013 at 8 p.m.
St. Michael and All Angels Anglican Church Hall, 397 Springbank Drive

THE SAILOR	(R8x32) 3C (4C set) RSCDS Bk 24/4
THE HAPPY MEETING	(J8x32) 2C (4C set) RSCDS Bk 29/9
WISP OF THISTLE	(S8x32) 3C (4C set) RSCDS Bk 37/4
THE ROYAL DEESIDE RAILWAY	(R8x32) 3C (4C set) RSCDS Bk 40/9
PELORUS JACK	(J8x32) 3C (4C set) RSCDS Bk 41/1
MADGE WILDFIRE'S STRATHSPEY	(S8x32) 3C (4C set) RSCDS Bk 9/9
THE DANCING BEES	(R8x32) 3C (4C set) 24 Graded & Social Dances
THE MACHINE WITHOUT HORSES	(J8x32) 3C (4C set) RSCDS Bk 12/12
MATTHEW'S STRATHSPEY	(S4x32) Sq. Set The St. Catherine Book of SCDs
JESSIE'S HORNPIPE	(R8x32) 3C (4C set) RSCDS Bk 8/9
MISS HADDEN'S REEL	(J8x32) 3C (4C set) RSCDS Bk 23/5
THE SILVER TASSIE	(S8x32) 3C (4C set) RSCDS Leaflet #1
BUTTERFLY CHASE	(R8x32) Judy Hodgins-Sloan Golden Jubilee Bk 2/2
JOIE DE VIVRE	(J8x32) 3C (4C set) RSCDS Bk 39/2
THE IRISH ROVER	(R8x32) 3C (4C set) J. Cosh 22 SCDs

This has got to be one of the best deals in town to celebrate Hogmanay (New Year's Eve). With snacks, refreshments, dancing, a light meal and then more dancing, what more could you possibly want? A countdown to the New Year is followed by the singing of, what else but, Auld Lang Syne.



Tickets are available at the door for the very reasonable price of \$15 per person. So come out and party!!!

Walk a Mile in my Dance Shoes

For those of you wondering how many steps you actually take at an average two hour dance class – wait no longer. My trusty Dance Step Investigator, Dorothy Drew, has come up with the answer. Drum roll please!!!!!!

3,200 STEPS

What does that mean? Well, for a healthy adult, the experts have put together the following to explain: **Under 5,000** steps/day by an individual is considered to be a more "sedentary lifestyle".

5,000-7,499 steps/day is typical of daily activity excluding sports/exercise and is considered "low active."
7,500-9,999 steps/day includes some exercise or walking (and/or a job that requires more walking) and is considered "somewhat active."

10,000 steps/day indicates an "active" individual.

12,500 or more steps/day by an individual would classify them as "highly active".



The average person's stride is approximately 2.5 feet. Therefore, just over 2,000 steps are equal to 1 mile. This means that during a typical dance class night, you would be travelling the equivalent of 1.5 miles or 2.4 kilometers. Keep up the good work!

Winterfest Programme

Sunday, January 19, 2014 at 4 p.m.
Byron United Church Hall, 420 Boler Road

<u>THE GATHERING</u>	(R8x32) 3C (4C set) MMM1
<u>THE WILD GEESE</u>	(J8x32) 3C (4C set) RSCDS Bk 24/3
<u>THE LAMMERMUIR HILLS</u>	(S8x32) 2C (4C set) R Goldring
<u>MONTREAL RENDEZVOUS</u>	(R8x32) Montreal Moments #13
<u>BEST SET IN THE HALL</u>	(J8x32) 3C (4C set) RSCDS Bk 46/7
<u>CULLA BAY</u>	(S4x32) Sq. Set RSCDS Bk 41/2
SILVER AND GOLD	(R8x32) Judy Hodgins-Sloan Golden Jubilee #13
<u>NAPIER'S INDEX</u>	(J8x40) 3C (4C set) RSCDS Bk 45/8
KING'S CHAPEL	(S8x32) 3C (4C set) Drewry Bankhead Bk 3
<u>CATCH THE WIND</u>	(R8x32) 3C (4C set) RSCDS Bk 45/5
WINTER PARK	(J8x32) 3C (4C set) J Drewry Brodie Book
<u>SHIFTIN' BOBBINS</u>	(R8x32) 3C (4C set) Ormskirk 6



This is a long way off, but keep this date free! Doors open at 4 pm, address to the haggis is at 5 pm with the meal following. Committee of Management members will bring the main course items and everyone else is asked to **bring either a salad or dessert**. You are also asked to **supply your own dishes and cutlery**. The dance commences shortly after dinner with Fred Moyes providing the wonderful live music. Tickets are \$15 at the door. Bring cards or a board game for a bit of fun before the festivities begin.

Upcoming Out of Town Events

Oct 26, 2013	The Windsor Ball	www.rscds windsor.org
Nov 1-3, 2013	47 th Kingston Workshop & Ball	www.rscds kingston.org
Nov 2, 2013	KW Orange & Black Fall Dance	www.rscds.kitchener.on.ca
Nov 9, 2013	The Toronto Workshop	www.rscdstoronto.org/Workshop.html
Nov 23, 2013	Trinity Assembly 40 th Ball	http://www3.sympatico.ca/barber.malcolmson/
Dec 2, 2013	Scarborough Final Xmas Dance	contact Chris chris.elliott99@hotmail.com
Dec 7, 2013	Ottawa Christmas Dance	www.rscdsottawa.ca
Dec 14, 2013	St. Catharines Christmas Dance	www.rscdsstcatharines.ca/upcoming-events
Dec 14, 2013	Kitchener Christmas Dance	www.rscds.kitchener.on.ca
Dec 14, 2013	Ardbrae Christmas Dance	www.ardbrae.org/events.php
Dec 28, 2013	White Cockade Auld Years Dance	contact Sue Dilworth sdilworth1@bell.net
Jan 11, 2014	Toronto Afternoon Tea Dance	www.rscdstoronto.org/events.html
Jan 25, 2014	Kitchener Burns Supper	www.rscds.kitchener.on.ca
Jan 25, 2014	Buffalo Burns Night Program	www.rscdsbuffalo.com/index.html
Feb 7-9, 2014	Ardbrae Ball Weekend	www.ardbrae.org/events.php
Feb 14, 2014	Ottawa Valentine Dance	www.rscdsottawa.ca
Feb 14-16, 2014	Aloha Winter Weekend	www.rscdshawaii.org
Feb 22, 2014	Toronto 51 st Tartan Ball	www.rscdstoronto.org/Tartan_Ball.html
Feb 28-Mar 2/14	Belleville Workshop & Ball	contact Mike lmccarey@sympatico.ca
March 8, 2014	Kitchener Dance & Workshop	www.rscds.kitchener.on.ca

Scottish Country Dancing Word Search Puzzle

S T D M M S E M P U A E S E I
 L D R U O C N O L C L C E R Q
 Z A S A N T U R O S L N T I G
 C I N A V S T U U S E A T T L
 C A L O S E P O T T M V I E E
 U A S E G L L H B A A D N R F
 B C T T E A G L L J N A G J T
 C T V S Q I I L I Z D P L I S
 E U E L R N E D R N E O R G I
 M T R R O N D E L P G T K S R
 S I T T O S T R A T H S P E Y
 W G R R S E H C R A S L E E R
 W O T R D E E D A N E M O R P
 Z E B S O G Y Z B O U R R E L
 P U U Y P R D A N C E D A E L

ADVANCE
 ALLEMANDE
 ARCHES
 BALANCE
 BOTTOM
 BOURREL
 BOW
 CAST
 COUPLES
 CURTSEY

DANCE
 DIAGONAL
 JIGS
 LEAD
 LEFTS
 MIRROR
 MUSIC
 PETRONELLA
 POUSSETTE
 PROMENADE

REELS
 RETIRE
 RIGHTS
 RONDEL
 SETS
 SETTING
 STRATHSPEY
 TOP
 TRAVELLING
 TURNS

Committee of Management for 2013-2014

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